

A
Proposal to
Reshape Our World
and
Prevent the Loss of Human Civilisation

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Introduction

It is evident that the complete failure of human civilisation and the extinction of our species is an imminent possibility. The real question is, do we have the will and the guts to pull ourselves back from this precipice we have created for ourselves? For certain we have the capacity and the technological means to save ourselves, yet doing so requires that we clearly understand our problems and can generate the will to rise to this occasion. This is less about political systems, it's more about embracing our humanity and making civilisation sustainable based on our available resources and *our real* instead of imaginary human needs.

1) Understanding our problems

Our problems stem from the fact that we inhabit an insignificant planet in a remote corner of the vastness that we call our universe. Yet we choose to believe and act as though we are the only creatures of importance. We have developed a sense of self, a sense of individuality that takes precedent over all life based on transient beliefs aided by a technology that's often environmentally destructive. But while we believe we are so superior, we don't even know which way is up, yet we design conventions and beliefs as if we do to justify our behaviour.

As a result of acting on our ignorance, humanity has been in a perpetual state of disharmony and conflict since time immemorial. Despite the best efforts of the many thinkers who have helped to develop various political ideologies and belief systems, outside of India, no formula has actually worked for any long period which means that we have progressed through a long series of temporary solutions.

These solutions have evolved around competition and the need to survive. This has evolved our basic selfishness and a sense that an individual I has more right than any other. This way of existing has brought us to this point in our history, but is also bringing us to our end which is problematic of itself, but the real problem is how to move forwards without losing everything?

1a) Knowing what it is to be Human and the nature of civilisation

This organism we call human is a bio-electrical organism that we can also call a piece of technology. The human body converts all manner of food into new body parts and functional energy, it is only our intellectual capacity and physical dexterity that sets us apart from other animals. Our intellect gives us the ability to remember, to calculate, to compound our learning and stimulate the desire for more or better. As such we became better hunters and farmers. We enquired about the nature of our universe and learned something of our place, but along the way, a largely unplanned civilisation developed.

The first human societies developed based on needs for survival of the collective and were more communal, but as our invented technologies grew, the needs of certain individuals began to assert themselves over the natural rights of others. Communalism and leadership guided by real knowledge and wisdom gave way to political ideologies which as we have seen in recent times have succumbed to what we know as capitalism today.

Capitalism rose within all political systems and unguided by any sense of morality other than the winner takes all, it has taken over the world. The wealth of the Western world was built through colonialism and the theft of resources of those less militarily developed. This enabled our explosive growth in technology and the consolidation of economic and political power within a very small minority who in effect believe they are running the world. The Chicago School of economics that has been embraced by the world commodifies money and other ideas, and this opened the door to a new economic power struggle or form of warfare backed up today by US imperialism and other forms of terrorism.

We know that 80% of the worlds production or GDP is being consumed by 20% of the worlds population. 80% of our population are the poor, dispossessed, less educated and often hungry. The top 20% of our population are accustomed to a life of privilege and support social and political ideologies that further enhance their sense of well-being via the acquisition of more of everything. It is this desire for more that forces the less fortunate into many forms of slavery and deprivation, not only of the technology they are working to create, but in many cases basic human rights and dignity.

In the quest of the top 20% to survive and perhaps better themselves and since I'm writing this, I'm one: we are making the

surface of this planet uninhabitable for most species. In case you hadn't noticed, we are participating in a mass extinction event where many species are dying off due to our impact on the environment. One could argue that since we are so destructive to ourselves and others that the world would be better off without us. But along with the environmental destruction combined with our beliefs and attitudes toward ourselves, we are also weakening the genetic basis of our species which is leading to a decreasing fertility rate and an increasing rate of degenerative diseases.

If we are to survive, we need to reduce our environmental footprint and learn to cooperate with nature. Many are advocating and attempting this yet are stymied by economic, social and political forces. It is the top 1% who rule and aided by apathy and delusional thinking through media. The top 20% who have the capacity to make a difference are blinded by ignorance and delusional thinking that life is about external gratification and luxury at the expense of everyone else, and this is their birth-right.

1b) Governance and economics

The role of government is to serve the people, but governments have been led to believe that service is best performed through selective economic and political interests balanced against the perceived material needs of society. This sustains the top 20% and attempts to keep all the rest (the 80% who are dispossessed) in place. While many of us enjoy the idea that we live in a democracy, the population are so divided that democracy has become a joke. You can see this in the European Parliament where events are dictated by faceless officials enjoying a life of privilege. In the rest of the world, corporations dictate to governments which has led to a form of cooperation between government and corporation which equates to fascism. In many countries we see governments selling indigenous lands to corporations and mining companies, populations being displaced and in some cases exterminated. This is still going on in the world today where the top 20% would rather turn a blind eye while the police and military suppress the voice of reason emerging from those with a conscience, events in which the media is often complicit.

Economics and governance go hand-in-hand and we have created a world where economic ideologies take precedent over human values and human freedom. The modern economic theory; the idea of trickle-down economics is in fact a trickle up as we can see by the increased homelessness and dispossession increasing in all developed countries. Ironically, the criminal behaviour of governments and bankers that has

become more transparent due to our modern communications technology actually trickles down to infect those who are dispossessed.

Most people in the world want peace and freedom, want to cooperate, want to understand the nature of existence and our place in the universe, but working against the people are governments elected or otherwise who treat the people as a resource and sell them out to corporate and geopolitical interests. Even the United Nations is complicit in this and backed by the strong hands of the US military and NATO, then we have China which is becoming a new colonial master in parts of Africa and the Asia-Pacific region.

*We are bound by our beliefs and not any real truth.
It is only by knowing the truth of existence that we can set ourselves
free from the self perpetuated suffering we inflict upon ourselves
through our own ignorance.*

2) How to act?

I have summarised some of our problems and below I present to you and the world, a practical means of saving ourselves and the achievements of our civilisation without surrendering our standard of living or our technological achievements. What is required is a willingness to make conscious change by tweaking our existing political systems, overhauling our economic systems and transforming our concepts of who we are as human beings.

The Buddha famously said that ignorance causes suffering and he has yet to be proven wrong. The people of the world today believe a great many things and a great many things people believe in not only cannot be proven, they disinherit human rights preventing peace and prosperity for all.

There is no existing institution able to take charge of such a transformation although existing institutions within themselves are/must be able to change and facilitate the transformation of civilisation while the steps we must take must be peaceful.

Politics and political systems

At present the role of most governments primarily serve the ruling elites and vested interests by treating the bulk of the population as indentured labourers and resources. Most governments by embracing the Chicago school of economics (the neoclassical school of economic thought) have allowed corporations to take control of entire countries and it is this system of economics that is fast destroying our world.

But it is the duty of all government officials and the duty of government to serve the real needs of ALL the people by preserving the rights and freedoms of all citizens - not the corporations and financial institutions. Those who work in government must remember their duty to their country and communities which must become more autonomous in order to give every individual a sense of place and value.

The drive across the developed world towards privatisation of national infrastructures has devastated populations, their sense of place, belonging and well-being. This form of dispossession must be stopped and I would advocate a process of re-nationalising all national infrastructure including roads, railways, communication and health systems.

Economics and finance

We must remember that money is an idea to which we attach value, but of itself that has absolutely no value. Therefore a solution to the worlds debt crisis is simply to abolish debt and to prevent this happening again by outlawing borrowing. These are old ideas that will help to create a more equitable and stable society. In cancelling debt, everyone owns what they possess, the billionaire will still have his homes on several continents and luxury yachts, but the ordinary man will not have to suffer any debt.

This will spell the death of the many banks and corporations. They will cease to exist as we know them, assets held in foreign lands will be nationalised and the factories producing goods will become worker owned cooperatives. I'm not advocating communism here, rather a form of communalism.

Education

Today our youth are primarily taught how to fit into the modern socio economic system as production units. Education must shift more

towards practical survival skills like growing your own garden as is happening in many schools. But children must also be taught about the technology of being human including what we know of the functioning of our bodies, minds and living together harmoniously while valuing the technology we have created.

Just think, this human body is the most sophisticated piece of technology/organism that exists on the planet, yet how many people have ever read the user's manual?

Environment

The environment is key to our survival and urgent action must be taken to re-forest large areas on all islands and continents. To facilitate this we need to eat less meat and eat what we grown locally which will eliminate pollution caused by shipping food across the world, (aid excluded). We need to remember that trees bring rain and if the Sahara desert could be greened, it would turn off the hurricanes that regularly strike the Caribbean and eastern USA.

Environmental degradation means we are also losing access to fresh water, again this comes back to planting trees and terminating any climate engineering projects that maybe taking place along with the banishment of all oil based plastics and our dependence on oil.

By cleaning up our environment, this action would modify our lifestyle and diet which would have the added benefit of improving our health. The very nature of healthcare would be about preventing disease and still are being the ambulance at the bottom of the cliff which is the nature of allopathic medicine.

3) Who can do all this?

The people to facilitate all this are there and waiting but their energy and ideas are suppressed under the current political and socio economic paradigms. The idea and practise of yoga and various aspects of Hinduism are widespread around the world, we have environmental movements like Greenpeace, political movements like Zeitgeist and many others. This proposal relies on the collective willingness of everyone to cooperate and allowing those best qualified to take charge through democratic processes.

Risks and challenges

It is envisioned that if sanity prevails, this would be a completely peaceful revolution. But the primary risk of doing nothing is that we go extinct and the risks of moving forwards are that many individuals will try to take advantage. Those who fear political and economic change, disposition of mostly ideas will try to silence the opposition by any means. Existing police and military would be tasked with managing problems on their own soil. That means that countries with troops overseas would have to bring them home.

Taking advantage

As soon as the idea of cancelling debt enters the public domain, many people may seek to take advantage by racking up massive debts. But really, lenders will be unlikely to play that game.

Law and order

The primary law of every land should be to do no harm and in essence this is the only law we need. Change will not be without some negative events, however under the paradigm I present, it is more likely there would be a de-escalation violent unrest as societies readjust to a new way of being. Most crime comes about through the extreme to competition we subject ourselves to and the social and economic deprivation that many suffer.

Terrorism

People have been killing each other for their beliefs since time immemorial and the difference today is that they have advanced technological means and the whole world gets to hear about it. But here we need to be clear about who terrorists are. This can primarily be reduced to two main camps; the USA which since its inception as a

country despite never having fought a war on its own soil, it has been at war in other countries for all but six years of its existence. The other most significant camp is Wahhabi Islam, the group backed by Saudi Arabia that is responsible most terrorist acts occurring around the world today.

These acts of terrorism and wars must cease, the radical Islamist's and the USA must be firmly dealt with by the International community.

*"When it comes to terrorism, there is no quick fix.
The only lasting solution is individual transformation. "*

~ Sadhguru

4) Transformation

It is envisioned that if sanity does not prevail and social equity is not fairly addressed, there will be a bloody revolution with a massive loss of life around the world as has happened in the past. In these instances one dictatorship is simply replaced with another and in the modern world, even though we consider ourselves as living inside democracies, the individual has no say and few rights because governments are so heavily influenced by corporations.

While national and international communities must act to create more social equity and keep the peace, environmental reclamation through planting and removing poisons from land and sea must progress rapidly. While the corporate masters may feel dispossessed and aggrieved, they will still have vast estates to continue growing their own food and a stake in their factories.

The real transformation is in consciousness, not only a willingness to participate in this local and global transformation of the physical world, but a willingness to embrace one's own humanity. It has come about that most of us identify ourselves by external phenomenon such as wealth and possessions. This idea at one level is valid, we need food, water and shelter, we need human companionship and we need to perpetuate our species. A sense of long-term security must be also assured as we move forwards and in effect this would be a reinstatement because the current trend of globalisation is disinherit entire populations from their traditional lands and resources giving rise to a heightened sense of insecurity. But the real seat of transformation is within ourselves.

This is where we need time out to relax and look in wonder upon our universe and reflect on what it is to be human. Our lives are so busy doing things that the art of looking inwards is a human value that has largely been lost. This inward looking is called meditation, a process of self-awareness leading to greater self responsibility and with self responsibility comes responsible harmonious and inclusive action towards self and others.

Western civilisation continues to delude itself by believing that it's scientists discovered the earth was round and that we live in the spiral arm of a Galaxy. Western civilisation continues to delude itself by believing that it invented science and technology that we take for granted today. All this is built on ancient knowledge primarily from India and for the world to move forwards peacefully, this needs to be acknowledged along with the crimes of colonialism. In other words there has to be process of reconciliation, forgiveness and moving on to dismantle consumer society and create a productive society.

The only way to achieve this is through meditation, a process of inner knowing that the early Indian (Hindu) society was shaped. This shape is referred to as "Sanatana Dharma", a way of living in harmony with nature and with each other. Currently the world enjoys deriding Hindu culture because it is not easily understandable, but around the world while empires and even civilisations have continued to rise and fall over a few hundred years, the Hindu civilisation has endured for 10,000 years or so and even in this modern era after 1400 years of occupation, it still endures although today like all countries it is suffering the consequences of capitalism.

The endpoint of this summary it is that once more we must turn to India for the knowledge and the wisdom to find harmony within ourselves then turn that to the world around us which we do through education.

Re-education

Unfortunately we live in an age where the majority prefer placating lies to inconvenient truths. While we cannot undo the past, we can learn the truth and forgive the past, then move on in the light of our own intelligence less encumbered by economic and political ideologies. We must teach our children that this planet we call Earth is our home and if we are to survive as a species, we must care for it and learn to adapt to its ways.

Many of the great masters have taught that the optimal atmosphere for being human is that of joyfulness interposed with periods of bliss

that originates from within our own being. In contrast, modern life is more about managed suffering (stress management) interposed with short periods of pleasure that some try to pass off as happiness.

The great masters of the past and some of the present discovered this abundant joy through a process of self-realisation, an awareness and condition that naturally arises in human beings who adopt a peaceful attitude towards life and especially their fellow man. It is the teachings of these masters, women and men that must be more widely adopted into every school curriculum. These ideas may seem foreign to some and yet this approach to life and living is behind the success of the Hindu civilisation that endures to this day despite its difficulties.

In recent years it has become abundantly clear that our foundational knowledge of science, numbers, democracy and even our language originated in India. Yet some education systems still teach that these ideas originated in Arabia or Greece. Our education system is filled with lies and half truths, it is time to liberate the world's youth and let them create the world that they want based on real scientific scrutiny.

This revolution in consciousness is not going to happen overnight, but if we teach our children the truth of existence and validate them as human beings instead of teaching them to accept slavery that the majority of world citizens have been reduced to, they will flourish and become the major transformative influence.

Reshaping governments

Governments must once more begin serving the needs of the people. This includes preserving the peace, the environment, common law and foreign relations. But government should have nothing to do with the lives of individuals beyond ensuring that they have the freedom to live their lives. Government appointees in a new age would have their administrative expenses covered, but their salary would be close to that of other workers so that they do not get ideas of inflated self-worth.

Institutions

Most existent government and institutions of the world would remain in place operating under slightly different terms because they would be expected to serve the needs of the people ensuring the safety and continuity of the people they serve.

Their very reason for being and mode of operation would change.

Appointees

Democratic processes would prevail, however to steer the process of good governance, peer appointed councils of men and women who have an innate understanding of reality would advise the process of governance. These people would come from existent scientific and spiritual traditions.

A significant difference is that appointees to public office (if we choose to retain the current use of money and currency) is that they would receive median wages without many of the frills our politicians enjoy today. In effect this would be a way of keeping them integrated within the communities they serve.

Decision-making paths

Working for the common good of all people and the continuity of life on earth. In practice the needs of individuals and communities would be clarified at a local level and as necessary flow-through city, regional, national and international decision-making bodies.

Regulation and control mechanisms

When individuals are sufficiently enlightened to appreciate life, they become harmless to themselves and others. In effect people learn to regulate themselves and many of the corrupting incentives will be removed.

Reshaping industry

All the factories that produce goods of value must continue to manufacture and trade, but instead of being owned by some foreign master, they must be locally owned and managed preferably with workers being actual shareholders.

Due to our diminished resources, the things that are manufactured must become more robust and repairable. We would not see technology companies upgrading products to diminish their usefulness prior to the launch of an updated product. And of course everything manufactured would be completely recyclable so as not to damage or environment.

Finance, property and ownership

The idea of cancelling all debts is not a new one and it's a practical solution to a financial system that is broken beyond repair. We must remember that money is simply an idea and more often these days it's simply a small piece of data within some computer system that has no inherent value beyond what we attribute to it.

By cancelling all debts, everyone on the planet becomes debt free and by closing most of the banks, most bankers and financial traders would have to find a new occupation. But everyone would own their own property. This would mean that communities would need to become much more self-sufficient in terms of food production, it would make motor vehicles and other luxuries much more expensive for the average citizen but then governments around the world are trying to discourage pollution from motor vehicles. So while this may be an inconvenience to some, it would be a boon for the environment, the majority and public transportation would take precedent.

For the millions of people who pay rent, they too must be included in this provision so that their houses or apartments become theirs. Landlords may well feel aggrieved but then they will also be freed of all their debts and may have to find another occupation. Within many countries that may also have to be some form land redistribution but I am not advocating stepping back towards tenant farming.

The largest win is that people would once more own themselves, there would be no more debt slavery, no more bonded labourers and no more people trafficking. The cornerstone of civilisation would once more become the family based around the home and local community. The real difference between today and the socialism of post-World War II is that with our technology we still have the world at our fingertips.

Healthcare

With good environmental protection and communities producing most of what they consume, the levels of poisons common in today's food production would diminish giving the population a healthier diet. We would have the opportunity to optimise our diets and in the words of Hippocrates, food would be our medicine and the vast amount of degenerative disease that affects our population would diminish. A broader move towards vegetarianism will reduce pressure on our environment and allow large areas of land currently used for grazing livestock to be reconverted to forest thereby soaking up some of our excess CO2 and enriching the oxygen content of our atmosphere.

With a community-based lifestyle, people would feel responsible and empowered to make positive choices in their lives. We would see a huge reduction in food miles, the consumption of sugary and processed foods. Everyday items like Coca-Cola may completely vanish or be reinvented to make such products that are more life-sustaining.

Along with improved health through better nutrition and lifestyle, some serious discussion needs to take place about how we reproduce. Again we can step back to India and was referred to as the [gotra system](#), a method of ensuring that marriages took place between healthy and compatible individuals. In some countries today it is arranged that the second unhealthy are enabled to breed, but this is creating a genetic weakness within our population. Over the past hundred years or so, fertility rates have dropped remarkably, primarily in men. The world is already over populated and although by creating city farms, some estimate our planet could support many times our population, an aspect of general healthcare would be to limit any increase in our current population. But let's not forget, good human health and vitality is as important to our long-term survival as is transforming the way we manage ourselves.

Environment

There are always going to be natural disasters because the Earth is a constantly changing (living) entity. Our adaptability comes from living in a court nature however growth which civilisation the attitude has become that we somehow have a right to dominate nature and in doing this we have cut ourselves off from an important aspect of reality.

I have outlined above about moving away from oil based industries and transportation. The greatest action would be to reforest vast territories which would help to regulate rainfall. By consuming less meat, more land can be returned to forest which in turn would to revitalise our oceans.

Agriculture

Our various forms of farming constitute technologies vital to our survival. In recent years we have cleared immense forests to make way for food production of which much is wasted. Much of our farmland must be reconverted to forest and a percentage of this forest can be food producing trees. As a species we need to eat far less meat and grow our food is likely. So the way forwards is intensive organic

agriculture close to the point of consumption (with vertical farms for example). The land must be sustained in a sensible and sustainable way because modern agriculture using oil based fertilisers and GMO technology is contributing to the destruction of our means of survival. Our farms will likely become much more labour-intensive and less reliant on modern machinery.

Farming philosophies such as permaculture already exist to help restore damaged land and crops like hemp would also facilitate this process as well as providing food, and manufacturing resources to make clothing and plastics.

Media

The media for a long time has been a propaganda machine spreading mind numbing entertainment, false hopes, beliefs and expectations. These organisations may continue as social cooperatives helping to spread the facts of life and encouragement for people to embrace their humanity.

5) A New World Order

Should we be successful in transforming civilisation, we will in effect to return Paradise to earth. Our societies will be more connected to the earth and perhaps more semi-rural as a larger percentage of the population is involved with food production. But to help with this process of transformation, we will still have all our existing technology and be able to communicate around the world with ease. There will be less need for weapons of war and armies would not extend beyond their own national borders, they may well combine with police forces for disaster relief and even national infrastructure projects.

The centre of community life may well extend beyond the home and family with temples as focal points for learning, sharing and inspiration. Our scientific communities would be designing new technology to foster our survival and comfort as well as space exploration. We have a wide range of passions and there are no reasons why those passions should not be fulfilled other than undue human cost as experienced by the children who mine cobalt and other technological ingredients. By exploring our humanness, we may rediscover the technologies used by some of our ancestors like those who created the world's greatest monuments.

The Outcomes

The short-term outcome for doing nothing and continuing as we are today is mass suicide – no question. There are also many ways in which economic, political and social systems can be adjusted, but unless the fundamental mass insanity that affects the human population is remedied, there can be no hope. A violent revolution will destroy most of our technological achievements and perhaps even our ability to survive without reverting to being hunter gatherers on an earth so damaged by environmental degradation, nuclear and other toxic residues that humanity may vanish from the planet.

There will invariably be people stepping forward who believe that they know *best* based on their particular philosophy, and like Mao Tse Tung and others, end up killing tens of millions. But philosophies are ideas - not necessarily based on any reality so we must discuss the fundamentals affecting humanity as well as understanding what humanity is.

To establish what humanity is and establish for every individual what it is to be human requires meditation, an internal relaxation that must be at the heart of every educational institution. What we are discussing here is an evolutionary shift in consciousness which is not going to happen overnight. The process for abolishing debt will be faced by mountains of obstacles because people are fundamentally attached to the idea of the value of money whereas money actually has no intrinsic value.

Humans are attached to ideas and addicted to patterns of behaviour that have become established over many generations. This has given rise to the greed and ease with which individuals are able to gamble within the banking and finance industries, and when they lose as we saw from the 2008 market crash, the general public and taxpayers paid the price while the gamblers were handsomely rewarded.

A massive re-education is required and while the United Nations wholeheartedly welcomed and promoted the idea for an international day of yoga, it lacks the wherewithal to significantly expand on this which would be a requirement for global change. The United Nations needs to ditch the USA and stop being its mouthpiece and instead show real concern for the suffering of humanity.

By following this proposal, the people who are wealthy today will still be wealthy tomorrow. But the difference is that those who are not wealthy will at least own what little they have and be able to grow their own food, and they will not be slaves to anyone.

Citizens everywhere would pay less tax and perhaps we could take a

leaf from the US constitution that says that any taxes shall be upon trade. But taxes would be enough to provide citizens with free education and health care.

One may argue that this is a form of socialism? In a way it is, but in other ways it isn't because this is all about empowering people to be capable and responsible citizens relying on each other for their collective welfare and sharing in life. There would of course be some guidance and inspiration from elected leaders as there would be from spiritual pundits, but the real inspiration would come from being in nature.

Conclusions

People have an innate desire for autonomy, happiness, knowledge and wisdom. We are driven by desires that are not always grounded in any reality or even justice, this proposal says that humanity must get real and establish a basis for living based on a universal scientifically verifiable reality.

This summary is an outline of what is needed to move forwards peacefully and to ensure the long-term survival of our species. This for many requires a radical shift in understanding and way of looking at the world but you have to ask and weigh up the costs and benefits.

Some may call for a mandate to give the United Nations real power to dictate how people should live and work, but this would simply be inflicting another form of suffering on an already suffering population. People don't need to be told to do, they don't need to be told how to live, they need the freedom to live.

When given the opportunity to turn inwards and understand the nature of existence, the outcome is peace and cooperation, a way of ensuring long-term survival of our species.

Resources:

#RallyForRivers

<https://thezeitgeistmovement.com>

<http://Ishafoundation.org>

<https://permacultureprinciples.com/>

[The Gotra System](http://webenz.com/the-gotra-system/) <http://webenz.com/the-gotra-system/>