A Proposal to Reshape Our World and Prevent the Loss of Human Civilisation

by

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Authors preamble:

It is my most fervent wish that humankind awakes to its potential and prolongs its survival. If we don't, it would be a tragic waste of all human endeavours that have ever been made.

We have choices, believe blindly or seek to know and to know one must suspend one's disbeliefs, then make an effort to understand that a life seeking pleasure is doomed to failure because pleasure is transient, one always needs another fix, another moment because pleasure that is not underscored by love and truth is inherently non existent – an illusion and self deception.

Instead of pleasure, seek to know, not via the mind although the study of history and wisdom may assist, seek the irrepressible happiness and joy that lies within you.

I offer my deepest gratitude to all those wise and wonderful people who have inspired my journey of discovery through the arts, martial arts, yoga and meditation in many different disguises, some of whom you will find referred to in the links section and quotes scattered throughout.

I must apologise in advance for those who may be offended by how I may present perhaps differently, contrasts to deeply cherished ideas and beliefs in regard to the nature of existence and Sanatana Dharma.

Having appreciated the inherent nothingness of existence, it is now that the words and the tools have coincided enabling me to complete this task, one that I have been thinking on for many years. Others are putting together similar ideas, they come from eternity for eternity.

Pranam
Have you ever thought
Why I, and why us?
And that since we live on a finite world, should we act accordingly and responsibly?

It's time to
Employ
Science and Reason
Index

Authors preamble
Introduction
The Intention of this paper – 1
Our current situation - 2
How we got to here - 3
Our current limited options - 4
Beef up the UN - 4A
Continue toward a global government - 4B
Improve resource management - sustainable technology - 4C
Become vegetarian - 4D
Teach truth to our children - 4E
Changes to land ownership and city planning - 4F
Tougher rules for chemical users - 4G
Retain the status quo - 4H
Back to the idea of doing something different - 5
Ideas from India – 6
Learn from the Hindus - 7
What is Hinduism? - 8
Become Hindu? 8A
Sanatana Dharma as a technology 8B
The Temple 8C
Key differences between Sanatana Dharma and religions 8D
In conclusion of section 8E
An envisioned process of political and social change - 9
Action steps for change 10
Tools to facilitate change 10A
Obstacles to Change and Overcoming Them 11
Supporters of change 12
A future world if we embraced these changes 13
In summary 14
References
Introduction

This paper has evolved from a 2017 global challenges competition aimed at setting humanity on a more sustainable path. The competition entry was limited to a little over 7000 words, far too few to do justice to this subject even though the risks and concerns in relation to our current crises were partially outlined. The entry, one of over 2000 was passed over and I felt the organisers were looking for authoritative solutions that more deeply embedded our current problems without seeing the bigger picture.

This proposal sets out solutions to resolve our current social, political, economic and human issues and provide sustainable solutions for the successful continuation of humanity for our children's children's futures and to equip them with the tools for the continued existence of humanity.

I expect that most readers of this document will be well aware that the doomsday clock is set at two minutes to midnight and there is a group of scientists predicting that based on current circumstances and behaviours, we could be extinct within the next hundred years.

1) I am sure you would agree that everyone wants to be happy, everyone wants a full belly, everyone wants to enjoy congenial relationships with others and have a comfortable lifestyle? We all need the same things although some believe they are more entitled thereby dividing our civilisation and structuring it in favour of the most privileged. The tools of entitlement are beliefs, deceptions and patriarchal capitalism.

Most of us agree that our individual lives are important
and we will do whatever it takes within our known and sometimes sociably unacceptable means to sustain our lives and those of our communities? Those with wealth can buy, take or manipulate to get what they want. The dispossessed may take to alleviate their hunger and survive.

This is the position not only of every human being, but every living organism. Yet some people think themselves more important than others and that they have the right to take the lives of not only other creatures, but other people, not in self defence, but to satisfy their personal wants, beliefs and desires.

2) As far as we know we are the only such intelligent and capable species in this entire universe, a wondrous space we are in process of discovering with much yet to be learned. Here we operate more as a scientific collective and should we go extinct without knowing all the answers, this would be a despicable waste since we have the power to sustain ourselves into a indefinite future, all we lack is the will to do so.

3) Our other avenue of discovery is into our very human nature, however the believers of this world shun such exploration because they seek control of the collective consciousness of humanity and are supported by the capitalists who prefer to see people as controllable assets and consumers. It is generally taught that if we are good citizens, work hard and obey the law, we will through remuneration for work have fulfilling lives. Kindness, compassion and generosity are seen as principles which smooth the wheels of life but are secondary to work and obedience to the corporate state.

4) This proposal outlines some of the problems facing modern world and is supportive of increased environmental protections, a more pragmatic approach to land use, improved urban development and a more responsible means
of developing and using our technology.

Many people are talking about these points, however progress is painfully slow. However by adapting to a more holistic approach to appreciating our world and living not to serve our ever-changing desires, a new era of genuine happiness is possible and if these ideas are implemented, with almost immediate effect across the developed world and the less developed world would be eager to follow.

5) The main part of this proposal is that we take a leaf from the book of Hindu civilisation (not the religion but the science of living) which is undeniably the longest continuous civilisation known to us. It is evident that this particular civilisation extends back some 70,000 years and has continued into this day because it is based on measurable scientific principals.

In this time, many other civilisations have come and gone, some within a few hundred years, successful for an instant in time and doomed to failure due to the absence of any sound guiding principals.

6) This proposal provides those sound guiding principals yet it does not represent any faith or belief system, nor does it promote any faith or belief system. It sets out to show how we can with the use of measurable scientific means, enhance our lives to have greater freedom and happiness, and live into an unforeseeable future. The challenge for humanity is to take a leap of faith and trust in one's fellow man – man must demonstrate trustworthiness.

Please note that the use of the word Hindu within this text refers to the geographic region of greater India before the Islamic conquests. Note also that the use of the word Hinduism refers to Sanatana Dharma, the eternal way of living which is based on rational science.
7) We have the tools, we have the knowledge, we have the technology and institutions of the world established, all that's needed is a new mandate and a dose of courage, join in the process of preserving our environment, enhance our lives and make human happiness more important than GDP.

In speaking about a change that would represent a major turnaround for civilisation, one of the first things that often comes to the mind of the audience after perhaps a surge of emotive fear about war and loss is the fear of doing something different because we are such creatures of habit.

This presentation seeks change without war, without conflict and without any damage to our national or global infrastructures. This is about a peaceful transition to sanity though restoring our environment and resolving our human problems without destroying ourselves.

“All the problems on the planet can essentially be reduced to one thing: misaligned human beings, misaligned with all there is.” ~ Sadhguru

“Sadly, the most common utopian visions today are eschatological. If there’s to be Utopia, it can only come after a cathartic purging of society, whether at the hands of the gods or at the hands of humanity’s own folly run amok. The idea we can make this world a better one, as opposed to simply levelling it and starting over, is all but completely gone.” ~ Philip Sandifer
A statement of intent

We have a capacity to see beyond our differences to coexist for the greater good so why don't we?

We have a capacity to know ourselves, to respond instead of react, and we are capable of greatness.

This document sets out to express ideas for change that can be implemented by individuals, institutions, governments and governing world bodies, solutions to our rapidly escalating crisis, war, famine, homelessness and human suffering.

This paper presents ideas to preserve our environment some of which are already being implemented albeit as tokens for political expediency. We must save the ecology of life referring to soil, air, flora, fauna, oceans, waterways, and indigenous groups who still cling to the fringes of modern civilisation.

Within the development of these ideas, there is no intention of changing our political structure but it is hoped that the hearts and minds of those in leadership will choose to adopt some of these ideas to eliminate poverty, hunger, provide clean water and sanitation along with balanced economic growth.

This paper also addresses the physical and mental health of the human population using natural means to reduce the sheer scale of the problems that the modern medical system has difficulty in dealing with and often takes advantage of.
This paper addresses social injustice and inequity, the huge gap between rich and poor without conflict and reintroducing the sense of partnerships between people towards a common goal which is our collective happiness.

The most important thing to be done on this planet is to raise human consciousness.

Either in discipline or indulgence, In companionship or aloneness, Only one who is in constant touch with the ultimate reality, will know bliss.
Our current situation

In terms of risk to our present civilisation, we are growing in number, consuming our resources in a wasteful manner while drowning ourselves in an ocean of toxic waste. The very democratic processes under which most of us live has been corrupted by patriarchal dominance, unrestrained capitalism and market forces. Belief systems sustain the ignorance of the masses and corruption of individuals. In other words, we have created seemingly insurmountable problems for ourselves.

In response to the increasing risks to our species, an abstract desire to see a select few survive into some distant future is progressing towards the mechanically enhanced human being (cyborg). Others seem to be working towards self-aware robots that may one day take over from us and Elon Musk wants to populate Mars.

These are not human solutions, however should we actually create an intelligent self aware robot, would it be one that seeks to control and manipulate life for some imaginary pleasure or would it recognise that it is dependent on certain renewable resources available on earth and knowledge that it cannot leave the planet? Therefore would it develop a sustainable lifestyle that would last into an unforeseeable future or would it destroy itself as we are doing to ourselves?

Conditions for life on earth are deteriorating at an alarming pace. We continue to put pressure on our environment to extract our diminishing resources for
industry and with the way we are using those resources, we already need another planet to meet our growing needs.

Our population density is putting pressure on the environment to produce sufficient food to sustain us. Not because the environment cannot sustain us but rather our lifestyle, dietary habits, and the economics and methods of production and distribution are unsustainable.

We humans have evolved over many millennia, we have progressed from hunting and gathering, we learned how to better sustain ourselves, to live more comfortably and have leisure time for contemplation and creativity, but calculation and division for personal gain has taken dominance.

In this time of planetary change and global warming, a process that for the sake of this discussion commenced as we left the peak of the last ice age. With the growing deserts of the world. The climate change we are experiencing today is not entirely man-made, however we are a major contributor yet we have the technology to halt this process and even reverse desertification.

It comes down to a question of how do we want to live? Obviously as we see today, only a few people can possess the majority of the wealth, only a few people can claim control of the world's assets and yet there are few people who can claim they are truly free.

Those who are rich in money and material wealth suffer the pain of having to grow, maintain and protect that wealth. Those who are not rich need money to live and therefore because money doesn't grow on trees or cannot be produced independently, are dependent on earning. There is no way an employee can ever become as rich as the employer other than by chance, therefore she/he is bound in servitude which by definition is slavery. In other words we are locked in a rather decisive class/caste system with different applications
of law between rich and poor.

As it has played out over the past few thousand years, the world is organised around masters and slaves within a system of patriarchal capitalism that rules our world. A modest rise in compassion that emerged during the European Renaissance softened the edges of this driving force, the abolition of slavery was announced and the union movements calling for workers rights evolved. Following the wars of the 19th century, the United Nations was formed yet slavery continues today.

The bill of human rights was a noble attempt to give every individual some degree of autonomy and it has benefited civilisation in many ways. The masters of course were opposed to this and have resisted every step of the way.

Now we live in a technological age where everything unpleasant is always someone else's fault, no one takes responsibility, lies are manufactured to commence wars and the populous is unable to discern the truth of their existence, lost in a sea of propaganda and deliberate misinformation. In this age of communications technology many people would rather disbelieve the truth than cause offence.

Human civilisation has reached a crossroads or a turning point where the doomsday clock is set at two minutes to midnight representing our nearness to human extinction.

Looking positively at ourselves we see:

• We are all educated to some degree and are governed by a somewhat flexible moral conscience.
• We are able to communicate with each other around the world sharing ideas and understandings.
• We have all the science and technology with which to facilitate a positive change to ensure our long-term future.
• Some of us see a need for change towards a sustainable future.

Looking at our defects we see:

• We suffer from a great many false beliefs, behavioural and chemical addictions.

• Our education system is corrupted and more focused on teaching people how to serve corporate interests instead of human well-being.

• We live in a nuclear age where the USA or the forces directing it bullies countries into submission so that it can dictate the course of human civilisation and possess or control the planets resources.

• We have a highly corrupt banking system and marketplace.

• We have reached a point where we have no food security.

• We have diminishing human rights with one justice and rule of law for the rich, another for the not so rich, and little or no justice for the very poor.

What exacerbates these problems is

• The average citizens are bound within their own dramas and induced desires, distracted and blinded by media hype. In other words the average citizen is taught to be responsible to the state and corporate. but not to his or her fellow human beings or even to their own human nature.
In this world of supposed trickle-down economics, the wealth flows to those in control and the bad behaviour trickles down.

Human civilisation on planet Earth is at a point where it needs several more planets to sustain its current growth by which I mean industrial and economic expansion. The economic system itself is being run by people with divided loyalties, addicted to gambling and they are gambling with money that rightfully belongs to you and me even though money itself is an idea without any inherent value. But it's been in use for at least 7000 years and before then, one either bartered or gifted for the joy of giving.

Our food supply is uncertain because we are destroying our means of production through chemicalised agriculture, deforestation which exacerbates climate change, overfishing to the point where the amount of plastic waste in the oceans is about the same tonnage as fish. While we produce more than enough food to feed the world's population the distribution system is made for the wealthy to give them what they want without any concern for the people who produce it and those whose lands have been taken over by agribusiness corporations and subsequently been displaced.

It is generally accepted that after a war or conflict, the winner tells the story and they can tell it any way they want. The USA today brags about how it introduced democracies to so many countries even though they displaced many democratically elected governments to install their own regimes. There were of course no weapons of mass destruction in Iraq and any that may have been there were given to Iraq by the USA to try out on the Iranians if you remember that war. 911 was an inside job, a controlled demolition of the world trade centre and adjacent CIA headquarters although there is no doubt that some Middle Eastern players were complicit.
The British tried to take over India, it's estimated they extracted more than $45 trillion worth of resources in today's currency and caused the deaths of many tens of millions of Hindus in the process. They were there long enough to appreciate some of the knowledge, extensive literature and historical evidence, yet they completely rewrote Hindu history to suit their agenda then left their opinions as a legacy of lies that is still being taught in Indian schools today. Not only that the lie has been swallowed by all nations and India has been reviled.

Hindu civilisation has been around for perhaps 70,000 years or more, but you won't find that mentioned in any school book, only in academic research papers that seldom venture far beyond the lecture room or get published in book form to be marvelled over by a few thinkers who really want to understand how civilisation developed.

Given the way we are going, it seems inevitable that the great majority of people are on the verge of perishing and those with the means are buying remote retreats for themselves in obscure places like New Zealand where direct nuclear impact is less likely. We are facing near and perhaps complete extinction because a nuclear war could well trigger other seismic events and lead to a post-apocalyptic nuclear/volcanic winter lasting for decades. (Donald Trump has announced an upgrade to the US nuclear arsenal and competitors will be forced to do the same.)

It could also be that we just run out of food because we have so badly mismanaged our environment and gradual starvation will open the door for new pandemics that even the rich and powerful will not be immune to no matter how high their ivory towers. So the way we're going does not look at all promising, in fact it looks foolish in a way that is somewhat terrifying to someone desirous of a future for future generations. Perhaps this is another reason why increasing numbers of young people are committing suicide?
But then, how about doing something different? I know we cannot agree on everything, but surely we must agree that considering how far we've come and what we have learned, should we let it all vanish in the space of one of two generations?

There are of course many nihilistic individuals who believe that if the end comes then it must be ordained, or else they are so depressed they want to die and their psychosis is such they want everyone else to die as well. That could well be the psychosis of some of these high school executioners?

But then, if we decide we want to live, if we want to preserve the environment for future generations and make ourselves truly successful. Some urgent and sensible action needs to be taken before is too late?
3

How we got to here

The causes of our predicament

The concepts of civilisation, science, technology and knowledge of the potentiality of humankind travelled westwards from greater India, (a concept now proven). As these ideas travelled further from the motherland, the narrative was influenced, misinterpreted and rewritten. Around 5000 BC, capitalism emerged along with patriarchy which set humankind against each other and against nature. Under patriarchal capitalism, colonialism began to emerge.

The Greeks took the idea of democracy from ancient India and transformed it into a democracy for their ruling elite where patriarchal capitalism and slavery was firmly established. The Romans built on this and the new Christian religion became a tool for colonialism. Once Christianity became a state religion, it was a case of believe or die, a concept copied by Islam which followed relatively soon afterwards.

Throughout this entire period and perhaps long before, there is evidence of international travel and trade through India, the most technologically advanced nation or perhaps we should say collections of kingdoms functioning within a common principle referred to as Dharma, a concept to be discussed in greater detail and central to this discussion.

Before Christianity, in the lands East of Persia, the Indian subcontinent and Southeast Asia were flourishing under the guidance of Sanatana Dharma and Buddhism, both are
sound ideological guides to living in harmony with each other and with nature.

People still had their squabbles and it is during this period that the great city of Angkor Wat was developed to add to or replace another great city set in the nearby hills. Angkor Wat shows Buddhism complimenting and in some places replacing Sanatana Dharma because it has a simpler intellectual appeal.

The Hindus were trading with the entire world and there is evidence to suggest they were also travelling to the Americas long before Columbus because they had the technology to navigate open oceans unlike the Europeans who didn't develop open ocean navigation until the 1600s despite having a Hindu text describing 'how to' in their possession for several hundred years.

From 1000 BC, no Greek scholar was considered worth his salt unless he had studied in India (Ινδία), hence we have the flow of ideas like democracy and it seems probable that the West to East flow of some elements like patriarchal capitalism influenced Hindu lifestyle and began eroding the concept of Dharma due to the divisive nature of patriarchal capitalism.

There was the period of Romanisation of Europe and it's perhaps here we see the invention of venture capitalism and the growth of the corporations? There was across Europe a continuous shifting of borders and Christianisation which is a capitalistic and colonising force instigated the gradual demise of matriarchal paganism, a process that would keep Europe in a scientific darkness until the 19th century.

Meanwhile, the Sword of Islam swept across the world and it came perilously close to claiming Europe however the Romanians and others who were well versed in conflict repelled them although the Muslims succeeded in taking
most of Spain. Islam also spread east and had little trouble taking Persia, the north and western region of Hindustan then sweeping across north India and down through what is now Indonesia. In Europe and in the Indian subcontinent the Muslims met fierce resistance from the followers of Sanatana Dharma but unfortunately the peaceful Buddhists were not set up to defend themselves. The conquering Muslims easily slaughtered them and it's thought the early period of Muslim conquests cost some 300 million non-Muslim lives.

During the 1500s, we see the commencement of venture capitalism outside of Europe, Marco Polo had described the wealth of the East and the West wanted to get its greedy little hands on it. Vasco de Gama managed with the help of the Hindu sailors to reach India and he saw directly how wealthy and how well they lived. Gossip spread rapidly and before long the British East East India Company engaged in its triangular trade, looting and pillaging and in direct reference to India it would turn a country with 95% literacy and a relatively high standard of living into one of the most destitute countries in the world killing of some tens of millions of people in the process.

Colonisation was a huge setback for humanity. European expansionism also took place in the Americas, its estimated the Europeans caused the deaths of over 100 million people. As in India and Asia, the Europeans slaughtered, burned and shipped the wealth and the technologies to produce more wealth back home. In the 1600s, an estimated 10 million people lived in the Amazon basin and 99% perished mostly due to Western diseases. (More than 50 million indigenous people perished by 1600).

All those explorers were little more than common thieves and murderers, they pillaged the world leaving a legacy that we all suffer today. Yet there is a somewhat cruel irony in that all these cloning explorers are seen as heroes to be celebrated – a significant corrupting element in our
educational systems.

Some of the biggest tragedies rarely spoken of are the wilful destruction of the Hindu University libraries by Muslim invaders, the libraries in the Americas destroyed for the amusement of the conquistadors not to mention the much earlier destruction of the main library of Alexandria destroyed on order of the new Christian church fathers who sought total control over all knowledge, in other words total mind control of the population.

Over the past 600 years or so, we have also seen an explosive growth in population. With the wealth of the East, the Europeans became hugely powerful and conflicting powers competed to dominate the world. The First World War exemplified the stupidity of war and the Second World War exemplified its impracticality although that hasn't stopped the USA from imposing war on anyone doesn't like or for that matter, of believers having a crack at each other to improve their material welfare and to justify their beliefs as being better.

In this modern era since World War II, the development of technology has changed the nature of warfare and colonialism. Post war existentialism and Milton Freidman's 'greed is good' changed the nature of patriarchal capitalism, it has become underhand, a game of charlatanism that now dominates national and international politics.

After World War II the USA became the dominant global player determined to make the world conform to its point of view and to make all the resources available to US backed corporations. If any country refuses, they firstly try and change the government and if that doesn't work they find an excuse to invade, or they coerce their willing partners in crime to initiate conflict which has led to most of the trouble in the Middle East although there are other causes stemming from earlier times and of course the validity of beliefs.
Now the world is more divided than ever, along with physical invasions, legal trickery (charlatanism), the acceptance of the belief that everyone is right or entitled, liberalism versus neoliberalism, capitalism versus communism which really are two names for the same thing but the name of the game is divide and conquer, it seems that everyone wants to be a colonialist, everyone is out for themselves and while people stand on the electoral podiums declaring that they support human rights, free speech and family values, emerging government policies despite all those fine words and up doing the exact opposite.

*Belief in one's superiority is the seed of disaster*

If there was a Jesus, he never gave bread for the body, he gave simple truth to guide the soul hence the bread of life.

What fascinates me is that hardly anyone is wondering what we're actually doing on this planet. Most accepted the work-eat-entertainment-sleep cycle as life and have no desire for a deeper understanding of our purpose in this universe.
Options Available to us
With The UN Sustainable Development Goals in Mind

I'm sure almost everyone wants to be successful at something and our civilisation is structured around the importance of this idea. I should clarify here that the idea of success is somewhat perverted and this perversion is embedded within our mythology that promotes the concept of the hero and a flexible morality for the self righteous and believers.

Real success is not measured by winning the next match, it is not measured by having a publicly successful marriage, it is not measured by financial independence, it is measured by the level of human happiness and the continued survival of our species because without those two elements, all other endeavours are pointless and there is no worldly success that can be taken beyond the grave.

We could:

Beef up and transform the United Nations

This seems a logical and necessary move because the institution is in place although we haven't quite arrived at the stage where the UN can act effectively as a global governor, although no doubt it is the hub around which a
global government could form.

For many years the UN Security Council has been a puppet of the USA and nothing here is going to change unless this permanent member is removed. This is unlikely to happen because the USA can use its political and economic leverage to prevent that happening. Words like blackmail, changing governments, bribery, assassinations and invasion come to mind.

The UN was a nice idea after World War II and it continues to do some good in the world especially in the distribution of disaster relief, but within some of the disaster zones the UN is involved in, the UN becomes another part of the problem because it's ineffective at solving the human problem.

There is no doubt that the United Nations by the fact that this is so well established would remain as a useful institution yet it must be transformed and freed from the shackles of the USA.

We could:

Continue toward a global government

Many are working towards this idea but this is more about economic colonialism and there's nothing in that for the majority of people. The Global Challenge that in part inspired this narrative is firmly embedded in the Western model and I came away with the feeling that they wanted ideas to tighten the straps on the straight jacket.

As reported in New Zealand just recently, Facebook gets away with paying 1% tax on its earnings, the government cannot force Facebook to pay more because that would be in breach of the TTPA agreement recently signed giving
corporations sovereignty over national laws which dispossesses the rights and freedoms of a sovereign state and its people.

The current trend towards restrictive trade deals allowing greater corporate monopolies is not only counter-productive, it's abusive and these pacts should be terminated.

Global governance by corporate controlled countries would be dictatorial and would not bring about any changes for the people most in need of change. It would see the world become a global fascist police state.

For a world government to work, every country must regain its autonomy and nationalise foreign held assets, not by theft but forcing those corporate's to reincorporate themselves as a national entity and taxpayer within that country's borders, and of course play by the rules of the country they operate in.

A true global government would be a cooperative of elected thinkers representing all countries without any capitalist or colonialist agenda. Members would be solely responsible for human well-being.

We could:

**Improve resource management and sustainable technology – an important part of the solution.**

One of the greatest and most useful of consumer items is plastic. Yet it continues to overflow landfills, choke waterways and is seriously contaminating the oceans. Plastic can be recycled and all plastics when heated can be returned to the oil they were made from without too much separation. Currently for most plastics to be recycled, they need to be separated out which is an almost impossible job. Therefore
there needs to be a standardised form of plastic established by law to ensure maximum recycling along with a deposit and buyback scheme as is happening in some municipalities.

Plastics of course are made from oil, a steadily diminishing resource and moves are already underway in some countries to improve public transport and phase out combustion engines, however the growth of combustion powered vehicles is accelerating rather than slowing down. The modern car is made with a very limited lifespan and this needs to change so that automobiles are built to last at least for a person's lifetime.

The same needs to apply to all our technological devices, especially cell phones which today are made to last for 12 months and then be disposed of. On a personal note, my analog cell phone would have lasted my lifetime however along came 2G, 3G and now they're talking about 5G. Phones should be made so they can be upgraded to new technologies and built to last at least for a human lifetime.

These things will require governmental regulation. All our technologies came about to improve human well-being however once established they become vehicles of usury and extortion as evidenced recently by Apple upgrading peoples iPhones in such a way to limit their performance and incentivise users to purchase the latest model. Such practices should be severely curtailed.

For technologies to serve the people in the long term, they must not pollute the environment or the bodies of the people who use them. There are still a great deal of debate about the radiation safety of mobile phones and other devices.

The idea of reducing oil consumption is also important, but if we deal with the plastic problem, green our cities, eliminate food miles and establish world peace, oil will be
We could:

Become vegetarian

Another option on the table is for the world to become vegetarian. Every year some 56 billion animals are killed for food and over half of our arable land is required to feed these animals. If we became vegetarian, we could replant the trees that once existed on much of the land currently given over to agriculture helping to reduce our carbon footprint.

Here we would be dealing with three problems at once. Firstly we would require less land to produce our food and the trees planted would slow down global warming. By not eating meat we would become much healthier and could reduce our medical expenses. In this present era we are spending more per annum on pharmaceuticals than we are on food.

In the world today, an estimated half a billion Hindus are vegetarian, they live long and healthy lives. Mexicans before the Spanish invasion and Hindus over millennia have set a precedent proving beyond any reasonable doubt that we cannot only survive on a vegetarian diet, but in fact we can thrive and some of our greatest champion athletes today are vegetarians or vegans.

As primitive hunter gatherers, our ancestors equated themselves as an animal species albeit rather more intelligent than most. They learned from watching the other animals and ate what they ate. At some point the ancient
Hindus worked out that vegetarianism was a healthier option and gave them many other advantages including better health, increased longevity and refined perception. Therefore if we all became vegetarian, we would be healthier, we would spend less money on healthcare, less money on pharmaceuticals and have more money to spend on things that we would prefer to enjoy.

With a healthier population and a greening of the planet the problems of diminishing freshwater reserves would also be alleviated.

We could:

Encourage and support all countries towards achieving self-sufficiency in food production to reduce what is known as food miles. This would give the citizens of every country a great sense of self responsibility and achievement, and when their food stores were full, provide a genuine cause for celebration.

This would also mean that fishing boats would only work in their own patch of ocean and the life of the ocean would begin the process of natural restoration.

We could

Teach truth to our children

Our children in schools today are taught to conform and acquire skills for an uncertain future. When many children become teenagers and able to think for themselves, they quickly become disillusioned because they can see the
bigotry, the wrongs in the world and many of them opt out through drugs, joining gangs or committing suicide.

1) The majority however survive the education system to come out the other side as somewhat brain-damaged workers who further dull their senses with various addictive substances and behaviours. Children need to know we all want to be happy and to understand in part we are here to be collectively successful.

2) We must teach our children that life has a purpose as per the Dharmic system which directs human creativity to serve a common benefits and not self aggrandisement. Besides reading, writing and numerously along with skills to maintain the existing manufacturing and service sectors, children can be learning skills for self-employment, teamwork for our continued coexistence gaining skills in cooperation and collaboration with reverence for all life.

Every child needs to be told:

1. we do not where we come from
2. we are here to be happy
3. we are here to learn. This may take another 10,000 years and if we learn to live together harmoniously then our lives become more significant because their genes may produce the ultimate success.
4. They need to know that we don't have all the answers yet we have the tools to discover them.

Every child needs to be told:

1. that we live in an amazing universe
2. while we do not know all the answers, it is exciting finding things out
3. when we work harmoniously together, learning accelerates as does human happiness.
4. Success is measured in happiness, not wealth or
power.

Other things every child needs to know

1. we have the intelligence to resolve all our problems
2. we have the capacity to set aside our perceived differences which are in fact illusory
3. the ideas of money, possessions, beliefs, religions and philosophies are only ideas, not truths.
4. We have the capacity to learn and co-operate with each other and rise above base animal nature.

Teaching children the truth will set them free and within a few generations, they would arrive at solutions for all our problems.

3) In mythology we have the hero who does something truly noble such as defending the community and he gets the girl yet civilisation tends to glorify and make heroes of men like like Alexander the Greek who instead of just taking a swipe at Persia in revenge for past indiscretions, he slashed, burned, executed and plundered his way not only across Persia, but Bactria, Northwest India and Egypt. If there is any true morality left alive in the world, he would not be celebrated. The crusades, the Islamic conquests, capitalist and religious colonisation would be seen as atrocities.

By exemplifying these things children learn to have a flexible morality and are able to justify killing and all manner of crimes.

4) A step in the direction of setting the world right would be to start teaching the truth of history and weed out the myths that promote selfishness and individual rights above all others, remove the romantic notion that war is somehow a useful tool to create peace and that might is right.
5) Teaching our children that beliefs are truths is child abuse and it must stop. People may be entitled to believe the earth is flat yet the majority know it is not and there is probably no school that would teach this yet there are schools that teach that God is a bearded man sitting on a throne up in heaven who may sometimes answer your prayers if you are nice enough, or perhaps if you do some sexual favour for your priest? *I'm making this point to remind you how sick this world is.*

Without these elements influencing the public consciousness, minds would be freed to determine their own mythology. Implementing this would require a degree of book burning, censorship of the media and entertainment industries, and an overhaul of the education system that instead could be teaching how to better appreciate life as has been attempted within the Steiner education system in the West and more successfully in the Gurukul schools of India.

If children were taught the truth of life, that looking inwards was as important as looking outwards, they would teach their parents how to be more responsible human beings and they would also seek to learn in greater depth about what it is to be human along with the evolution of the human story and our infinite possibilities.

If our children were given the freedom to act on these truths, they would evolve a more harmonious lifestyle with human happiness as the highest goal. One of the most amazing aspects of human happiness is that knowing that everyone else is truly happy elevates happiness toward states of genuine joy and ecstasy.

We Could
Make changes to land ownership and city planning

Owning land is somewhat ridiculous, wealth can be passed on to future generations but the land itself cannot be owned and philosophically, the land owns us because we are products of the land. In case you've forgotten, the biomass of the soil becomes our food. Our food becomes body parts and energy, and after a time our bodies go back to the soil. Another way of saying this is that the Earth is our mother who joyfully sustains us but look at what we're doing to her?

Access to food, water and shelter is an unalienable human right and an area in which we must all cooperate. I envisage revising the idea of land ownership so that countries and regions have autonomy as do ordinary citizens yet instead of building out over some of our prime agricultural land creating new cities, we must build vertically and we have the technology to do this.

There is a new trend in urban farming, the conversion of existing buildings into food production houses and these need to feature more prominently in our cities. We can learn a lot from projects like Auoraville in south-east India and from the kibbutz movement that began in Israel. Not necessarily the lifestyle, but the technology of producing food and building sustainable community spaces.

We could:

Make tougher rules for chemical users

In monetary terms, the pharmaceutical industry is bigger than the food industry and a lot of the medicines we take are to correct the imbalances caused by our chemicalised agriculture.
We need laws to phase out agribusiness and the widespread use of chemicals in agriculture and food production. Note that more than half the antibiotics used in the world are used on animals and these antibiotics pass through into the soils and waterways as contaminants that are weakening our own natural immunity to pathogens as well as limiting the effectiveness of prescribed antibiotics for the treatments of disease.

**We could:**

**Restart the financial system**

Money is only an idea and an idea that is being seriously abused. We live with rapidly growing inflation, quantitative easing and we are beginning to see negative interest rates as gold again has suddenly become more valuable.

The financial system went bad when the gold standard was abolished and the world's currencies were pegged to the US dollar and money itself became tradable commodity.

By restarting the financial system we would be cancelling all debt, mortgage owners would be mortgage free and many banks would probably go out of business and under a new paradigm, rules would have to be enacted to ensure the abuses of our financial systems could not take place in the future.

With everyone being debt free, every individual would have the freedom to plan their future on their own terms, they would be free to transform their own neighbourhoods towards self-sufficiency on their own terms.

*We could - no, we must do these things.*
Who is going to take charge?

We seem to have arrived in a kind of limbo where pundits like myself are providing solutions yet are individually powerless. The United Nations is there but it is not in a position to take charge, only to form councils of interested parties and promote ideas. Some of these ideas such as the Paris Accord inspired some governments to agree wholeheartedly but then do nothing afterwards or even withdraw from such agreements.

Bhutan is the only country that says it is taking human happiness as being more important than GDP and this is an approach that every government needs to make. Unfortunately the governments of the world are locked into this idea that GDP is everything and without GDP human well-being is not possible.

Perhaps there needs to be a lobby group within the UN itself that can take on board these ideas and press governments to take notice? To be more effective the USA must to be removed as a member of the Security Council. Not only that, it must be encouraged to close all its foreign bases and allow the countries of the world to function in a more naturally communal way.

While the USA militarily and financially dominates the world, the changes required for human salvation are unlikely to take place. Therefore pressure groups within the US are needed join hands to work with what is undoubtedly one of the most malicious and inwardly divided countries on our planet.

At another level, correcting the history books and giving children an honest education would help to bring about change from the ground up yet as we saw recently in New
Zealand, when schoolchildren wanted to stage a public protest during school hours, the political establishment were vehemently opposed.

We could:

**Retain the status quo**

As it seems we are on the road to oblivion something needs to be done but so many are averse to change and happily continue to believe that everything will work out okay. No change equals same result equals more conflict, greater social inequity, pain and suffering then extinction!

*We must move from Conquest to Consciousness and social Responsibility*

When British lived in caves

Many centuries before Christ, when the people of England were still wearing raw skins on their painted bodies and roaming wildly in forests, even in the remote antiquity Indians had attained a high degree of civilisation.

*Lord Macaulay (England)*
Education does not mean getting a certificate. It means enhancing yourself.
It is clear that what we have been doing as a global collective represents the most catastrophic failure and there's an old saying that if you keep on doing the same things you end up with the same results.

Therefore we must do something different and it must be done at an individual level. It's no one's business to make you happy, it's you who must find your own happiness and work towards creating the conditions to make happiness easier for other people.

We must understand that we cannot change the past but we can forgive. So how about we simply try to be kind to each other, forgive the past and begin a transformation of our civilisation so that it may last into the unforeseeable future?

You and I may have the capacity to be worldly responsible citizens, but the majority are locked into their lifestyle, behavioural habits and belief systems. Our capacity to change is limited by people's education and unwillingness to try something different, major changes will have to be enacted through local and national laws and natural democracy.

This is more likely to come about if more people lend their support to "green political parties" and environmental institutions such as Greenpeace who can lobby for environmental protection which is perhaps our greatest
If you take 100% responsibility for the way you are now, a brighter tomorrow is a definite possibility.

What would happen if we all take responsibility?
Ideas from India

Before we look at the philosophy, consider the idea that the Out of Africa theory cannot explain our origins, it's more likely that Homo sapiens developed independently: Denisovans, Neanderthals, Java Man, Peking Man, Narmada Nensis (in India), and they mixed with groups coming out of Africa. There is increasing evidence that this may be how humanity evolved and some of the links below will take you into this discussion which is beyond the scope of this document. However it has been clearly established that: people have lived successfully in India for more than 74,000 years with evidence of human occupation in India before and after the Mt Toba eruption.

We know that numbers, language, science and many technologies flowed out of India providing the basis for the development of modern civilisation. It is my contention that the completeness of the information flowing out of India became diminished and distorted or taken out of context.

If we look at Egypt, they took on board the idea of life after death and developed their own elaborate rituals and funerary processes because they'd 'lost the plot'. The idea or should I say the understanding that developed in ancient India was that the human body and mind are physical, products of the earth into which they return upon death, however the soul lives eternally to be reborn until such time as it is capable of recognising itself as a living entity beyond body and mind.
It is the soul that recognises the true wonder of existence, the modern intellect is only taught to capitalise on existence.

Philosophically the ancient Hindus saw that human happiness was our most important aspiration. It is evident from the vast body of literature along with the development of science and technology for human well-being that proves this point beyond any reasonable doubt.

Before the advent of writing the Hindu's developed an oral system of transmitting knowledge and ideas down through the generations. Linguists state that the Sanskrit language from which all European languages emerged remains the most eloquent and sophisticated of all languages.

The ancient Hindus understood that the physical or material world was underpinned by consciousness and that we human beings have access to this consciousness via the various avenues of yoga. Therefore exploration of one's own internal consciousness was actually more important than exploration of the physical world and it led to many scientific discoveries.

It is this knowing of one's self as consciousness that enabled the Hindu people to survive against all efforts to destroy them and this appreciation for consciousness and
self knowing is flourishing in most cities of the world.

It is the knowing of one's self as consciousness that facilitates happiness and empowers the intellect to serve human well-being, or the greater good. It is the knowing oneself as consciousness that facilitates humility, compassion and creative solutions to everyday physical problems and concerns.

The key ideas in the tradition of ancient India are that we:

1) work towards human well-being and happiness as a primary ethic.

2) that we seek to know ourselves as conscious living entities.

3) take care to preserve our environment for future generations.

Please remember that our language, our numbers, advanced calculus, scientific knowledge originated in India and emerged from these three principles.

Contrary to westernised and Christianised opinions, what people call as Hinduism is more correctly termed as Sanatana Dharma. Sanatana Dharma means 'the eternal way' in other words it is a way of living harmoniously in a time where we do not know all the answers.

Please remember that we don't know our origins or our purpose, and we don't know the entirety of our universe. Surely we must understand that such knowledge and understanding is not possible within a generation or two, surely we must appreciate our potential to know and that by living in establishment with a peaceful social accord where human happiness is more important than GDP. By following Dharma, people will have the freedom and incentive to
explore the reaches of both inner and outer space.

This inclusive quest for knowing life and sustaining human happiness gave rise to agriculture and Ayurvedic medicine. India is the mother of civilisations but after 1000 years or so of Islamic occupation followed by British exploitation and domination, it has been culturally diminished even though its culture is emerging spontaneously all around the world.

**By adopting ideas from India:**

Our children will be taught truthfully that we don't have all the answers.

Our children will not be forced to believe what cannot be scientifically proven.

Our children will be taught truthfully that we live in a dualistic world where the internal aspect of our nature or consciousness is as important if not more important than knowing the physical world around us. (Modern science has finally proven that the universe is in fact underpinned by consciousness.)

The majority of the human population would be vegetarian, and as described above would encourage greater reafforestation, restore lakes and rivers, slow down global warming and a vegetarian diet would keep our population much healthier reducing our current healthcare expenditure.

In some not-too-distant future the Hindu approach to science and technology may actually come up with improved solutions for space travel.

As the concept of Dharma becomes widely understood, civilisation would once again find balance and not be governed by men's greed, man hating feminists or women who are forced to compete on patriarchal terms.
Our psychological balance would be improved and we could actually have a peaceful planet instead of today's constant war.

If humanity had the courage to sanction these objectives and governments facilitated the teaching of yoga and meditation in schools, civilisation would undergo some of the required changes to give humanity a life extension and time to enact many of the solutions for human well-being currently under discussion.

Instead of celebrating Christmas and Easter, we may instead celebrate the changes in seasons or the Hindu festivals of Diwali, Holi and Mahashivaratri which mark auspicious times supporting human well-being.
Learn from the Hindus

We have learned so much from the Hindus already and please recall that 'Hindu' represents a geographic region, not a religion. Most of the scientific knowledge that forms our basis for understanding life and the development of our technology came from India. Language, numbers and calculus, measurements of axial procession, spacial distances, knowledge that the sun was the centre of our solar system and that we rotated around the Milky Way.

The Hindus knew about our neighbouring galaxies, the diameter and circumference of the earth when Europeans believed the Earth was flat. In addition we get yoga, meditation, colour, fragrant and exquisite flavours along with ideas like vegetarianism and the fact that we have the potential to exist as a species until such time as Earth becomes uninhabitable due to the expansion of our dying sun.

The Hindus also taught that to live a balanced life, the masculine and feminine principles need to be in balanced within the individual. Towards this end they have studied what it is to be human, developed and prescribed physical and mental exercises to accomplish this.

It's very difficult to study Sanatana Dharma (Hinduism) because the history was written by the British to suit their agenda. Tens of millions of Hindus today are learning a false history and being indoctrinated into the idea of British superiority.
You could however begin learning about Sanatana Dharma through reading, and practising yoga and meditation which can be deeply insightful into the evolution of your own life and how your body-mind works.

*The Greek philosopher Socrates famously said “know thyself” and perhaps this is an idea he got from a Hindu yogi who advised “According to Aristoxenus, a disciple of Aristotle, this Indian met Socrates in Athens and asked him what he studying. Socrates replied that he was studying human life. The Indian at this point laughed and asked him how could he study human life without studying the divine.”*

So within Hinduism there is the concept of getting to know one's self as a spiritual being, and to assist in this process, there is a resource of knowledge stretching back for many thousands of years. A deeper appreciation of self gives a deeper appreciation of life in general, and therefore an ability to make better life supporting decisions for self and community comes more easily.

In this modern era where hundreds of millions of people have migrated and 9 million people daily travel by flight to different destinations, the ideas that gave rise to what so many call Hinduism have taken root in every city on the planet. Ironically the Christian churches are closing because they contain insufficient substance to satisfy the spiritual needs of the Christian communities. Instead they are becoming atheistic and many of them turning to yoga, meditation and either Sanatana Dharma or Buddhist concepts of Dharma.

I should remind you that Dharma implies an eternal way, an approach to life to ensure the survival of our species into eternity. In a worldly sense there is very little difference between the concepts of Hindu Dharma (Sanatana Dharma) or the Dharma associated with Buddhism.
Within Sanatana Dharma and the deep rooted culture referred to as Hindu or Hinduism is the idea that we live in a dualistic world. There are two directions in life, inwards and outwards. The outward view of life is the material universe, that is an illusion because physicality is without much substance. If you take the average human body and remove all the space between the atoms that make up the physical body, the amount of solid material could be reduced to a spoonful.

So the world is not quite what it seems and yet it is very real. The other interesting aspect of the external world is that we can never actually experience it because we are sensory creatures. That means when you see an object outside yourself like this page, the light reflects into the back of your eye, it gets converted to an electrical signal which is sent to the brain which then extrapolates that information into what you are seeing. Whatever we perceive through our senses can only experienced in the mind of the perceiver.

Our external reality is real but there is much more to it than what we habitually perceive. With the other direction being inwards, this is a process of self-awareness, self-study and self appreciation - a path tread by countless men and women toward what is generally referred to as enlightenment or knowing the reality of existence.

Knowing that the world is illusory and understanding the nature of one's body mind does not make one a Hindu but on the other hand if you can appreciate the culture, gain meaning from it and contribute to it, then perhaps you could be a decent human being. A decent human being is one who at the minimum lives harmlessly, and at best pro-actively supports life because he or she knows themselves as a part of life.

The general idea of Sanatana Dharma is to create a lifestyle which is scientific (as in measurable) and
sustainable into an eternal future that also supports the life of contemplation. The inward point of view is also scientific (as in measurable) but it is you who measures your own experience and that is shared within your community by the joy that you radiate.

Remember, an absence of Dharma (aDharma) results in increased suffering as the world is currently experiencing.

**We are all capable of peace and happiness yet we create reasons avoid this.**
What is Hinduism?

The correct term is Sanatana Dharma meaning the eternal way.

Hindu is mispronunciation of Sindu. The land of the seven rivers and the region of greater India also became known as Hindustan. Hindu has always referred to the geographic area.

The British being a mix of Christian capitalists, profiteers, slave traders and brigands couldn't fathom the Hindu psyche and their devotional attitude towards life. The British idea that putting one's hands together in prayer implied a praying to God as in asking a favour.

They couldn't comprehend that bringing the palms of the hands together may actually be an act of humility and appreciation, or that the Hindu deities were representations of the eternal unfolding universe which fulfilled a function within the psychology and technology of being human.

The British classified what is more rightly termed as Sanatana Dharma, a science of living as a religion and a belief system below par with their almighty Christian God and his son who absolved and apparently continues to absolve the sins of believers every time they attended prayer or confession leaving them free to sin all over again when they finish their prayers. If Christ was alive and had any sense of ego, I expect he would be furious that he is being so dumped upon.
What people refer to as Hinduism is more correctly termed Sanatana Dharma which is translated as the eternal way. I would further translate Sanatana Dharma as a way to ensure the eternal existence of humanity. I think at some point in the history of ancient India, someone had the thought that the planet we live on is finite. We know now that in about 4 billion years the sun will consume the earth, but by then we may have worked out how to depart to some other planet without destroying ourselves.

8A

Become Hindu?

If you were born in India, you were born as a Hindu regardless of any belief system that you may adopt. Should you migrate to India and get citizenship making you an Indian national, you could say that you were a Hindu as per the region. Should you start believing in the Hindu deities and praying to them, that's not going to make you a Hindu.

There is no such thing as becoming a Hindu (as a religion or religious idea) although you may reach a place in your spiritual evolution where you resonate with the teachings and practices that you feel that you are part of dharmic society and feel gratitude towards India as the birthplace of civilisation.

8B

Sanatana Dharma as a technology

The Hindu ancestors pondered the nature of existence and
came to see human beings as part of life with the capacity to be the top predator or an instrument of cohesion and continuity, a protector of life on this planet. They saw the universe as being technological and mapped the subtle human body (chakras and the energy system). They understood that a virtuous life enabled civilisation to prosper and that by giving praise and gratitude, individuals were happier, more capable and resistant to disease especially when well exercised and nourished. This has also been validated by modern science.

The ancestors understood the dual nature of the universe, there is no possibility of man without woman therefore both are of equal importance. There is no possibility of people without the earth and the space around it therefore both are of equal importance. There is no earth without the sun therefore both are of equal importance and there could be no life without the possibility therefore expressing praise and gratitude to all these elements not only helps the individual to feel better about themselves, but appreciations help people to feel as though they were a part of the entire existence of life and belong. This sense of being a part of something bigger, and that as an individual I am not the centre of the universe actually resolves most psychosis that afflicts the world today.

In the historic mythology of India there are thousands, perhaps millions of gods and deities that are completely unlike the gods of religions. The better way to describe them is that they are references in consciousness, representations of conscious elements, scientific principles and always consist of masculine and feminine elements.

Siva (Shiva) has been popularised as the destroyer of existence which I think is highly erroneous and misleading. A God of death serves no purpose and reflects a corruption of Sanatana Dharma which has come about through over 1000 years of oppression and colonial rule.
From a scientific perspective, Siva and Shakti form the basis of this material universe, they are the potentiality from which the universe and all life emerged because it is irrational to think that something emerged from nothing yet they represent the no-thingness before any existence.

Ironically modern science has concluded that before the universe emerged there was nothing and yet that nothingness must have contained the potential of everything?

Siva and Shakti represent the duality of existence, the possibility. We also have Shiva and his wife Parvati inseparable as indeed are all the gods and deities reflecting the coexistence of masculine and feminine, positive and negative. One cannot exist without the other even as the universe and all life cannot exist without the possibility.

It's very easy to get lost and confused in the jargon and these concepts exist for the meditator and thinker to appreciate or not. To those who are not versed in these concepts do not have to believe, worship or pray to in any form whatsoever. But they can bow to what makes them feel good.

Within Sanatana Dharma everyone is free to create their own gods or deities as part of their journey towards greater happiness remembering that happiness is not complete without everyone else being happy be it your neighbour across the street or the person dying of malnutrition half a world away.

*Within Sanatana Dharma,*
one celebrates the gods
as representatives of the unseen
8C

The Temple:

"This stone, which I have set up as a pillar, will be God's house, and of all that you give me I will surely give a tenth to You." ~ Genesis 28:22.

"He built an altar there, and called the place El-bethel, because there God had revealed Himself to him when he fled from his brother." ~ Genesis 35:7

Within India there are a great many temples and new ones are being constructed all around the world. Temples are community focal points but unlike churches, one does not go there to pray to any God seeking favour. The temples have always been places to reflect and absorb the fruits of wisdom that have accumulated over the millennia.

The focal points of temples are often stone statues representing a God or deity of which one of the most important is the Siva Linga. The ignorant and malicious refer to this as a phallic symbol and Hinduism as some fertility cult, yet it is really a focal point on which to reflect on the possibilities of life and the possibility from which the universe emerged.

To the outward looking intellect, this idea presents a great challenge yet it is more easily understood by those who meditate and are spiritually literate.

The ancient Hindu's understood that the individual universe within is as important as the surrounding physical world. They understood that life can be painful yet suffering is a personal choice however by offering thanks, gratitude and praise, knowing oneself as a soul, suffering is
transcended, perception is expanded and the individual more able to identify as a conscious part of life with which one is able to harmonise.

This evolved into a sustainable tradition and despite the best efforts of the British, French, Portuguese, Moslem, Christian, neoliberal, economic and other colonialist forces to destroy everything they see as Hindu and block access to the human soul, Sanatana Dharma continues to endure. Not only does Sanatana Dharma continue to endure in modern India, it is popping up and flourishing all over the world thanks in part to modern communications but more so that every individual desires a certain peace of mind and knowing that they matter.

“It takes a lot of intelligence to realize how stupid you are.. It takes a lot of intelligence to realize how stupid we all are.”

Sadhguru

8D

Key differences between Sanatana Dharma and religions.

- Sanatana Dharma is scientific and harmonious, actions as in behaviours are performed, the results are observable, and can be analysed providing rational grounds for continued endeavours.

Within religions one is expected to believe and do as one is told because God said so according to someone. Where there is conflict between one's intuition or
feelings and what one is told to do, one is often told that it is a sacrifice for the greater good even when it means causing harm.

- Within Sanatana Dharma there is a temple where one goes to give thanks, express gratitude and re-energise one's being.

Within religions there is a church or mosque. These are places where one is told what to believe, what to do, what to think and how to behave. There is also the contemplative and meditative aspect however this is subservient to belief. In the Catholic Church, diversion from belief has serious consequences which are amplified within Islam.

- Within Sanatana Dharma every individual is free to switch ideologies, experiment with different forms of spirituality, abandon spirituality and return to spirituality without anyone raising an eyebrow. This makes Sanatana Dharma more open, more transparent and because it is scientific, every individual is the scientist and involved in the process of their own evolution.

Religions offer no such freedom and if anyone has read the Koran, it is written there that abandoning or changing one's belief in the Islamic concept of God is a self-imposed death sentence. Within Islam God is the cause of everything that happens in the world and it is his will so the believers must supplicate themselves before him and remember that if they don't, they could lose their heads. Remember the mad queen from Alice in Wonderland?

Within Christianity there is one male God who sits on his heavenly throne like some celestial magician to whom the people bow down and seek favour from
instead of seeking their own salvation even though some still say that god helps those who help themselves.

• Within Sanatana Dharma there really is no such thing as God, but there is a creative element that permeates the universe including each and every one of us. The ancient Hindu yogis and mystics learned how to connect and relate to that element as did some of the mystics in other cultures. Within Sanatana Dharma this was given great importance.

Within religions, the priesthood was established to act as an intermediary between God and the people controlling and destroying spiritual freedom. The priesthood reflects the divorce of the Divine feminine from the Divine masculine within religious theology and the separation of Ashera from El in Judaism.

• Within Sanatana Dharma everyone is free to create their own God, their own deity and of course the British who believed in the one God were horrified, these 30 million so Gods that existed in India were beyond their comprehension and a blasphemy to their thinking. Yet the Hindu gods and deities are reflections or representations of the divine.

Today there are many people who have been duped into believing these images have a power over life and will like the Christian magician God answer their prayers. But in reality they were designed to provide a point of reference to give thanks, to express appreciation and focus the mind for the next step of one's adventure toward greater self-knowledge.

• Within traditional Hindu culture there is no religious hierarchy designed to limit the people's access to transcendental experiences and divine knowledge or
There is a spiritual community/priesthood/Sangha whose task is to serve and maintain the integrity of the temples so that those who use the temples will have a life enriching experience. Their role is also to educate, work with government to ensure food security and the physical welfare of the population.

Some of this is corrupted due to foreign influences yet within Hindu culture there is no hierarchy. When Islam invaded across North India, the region was predominantly Buddhist. The Muslims removed the heads of all the priests and Buddhism collapsed. The majority of people either converted to Islam or lost their heads.

The Hindu experience was somewhat different, they had a military arm to protect the Dharma and the people so the Muslims had a much more difficult time and due to the absence of a codependent hierarchy, the chopping off of one priests head or even 1000 had very little social impact because any spiritual practitioner could step into his or her place.

The Devi Sukta hymn of Rigveda, a scripture of Hinduism, declares the feminine energy as the essence of the universe, the one who creates all matter and consciousness, the eternal and infinite, the metaphysical and empirical reality (Brahman), the soul (supreme self) of everything. The woman is celebrated as the most powerful and the empowering force in some Hindu Upanishads, Sastras and Puranas, particularly the Devi Upanishad, Devi Mahatmya and Devi-Bhagavata Purana(24 wiki). This is apparent today as people who may be termed lay practitioners have enough innate knowledge that they can establish and maintain a temple. In fact most Hindus have a shrine in
their home as do many of the Parsies, Jains and others.

- The Hindu influence in the world today is truly global. At the large hadron Collider in Switzerland, there is a large Nataraj statue at the entrance as a reminder to the hundreds of scientists working there of where the original science came from.

A large percentage of homes in the Western world including many businesses will have Buddha statues or images as part of the decoration. They serve as a symbol of the eternal possibility but unfortunately most people are too involved in survival or distracted by the latest gadgets to properly focus on the greater possibilities of life.

This within the various sects of Christianity, along with the general abandonment of the belief system, many of those who choose to remain are turning their attention and devoting themselves to the feminine aspect represented by either Mary the virgin or Mary the mother. This goes to show that humanity instinctively craves to have this balance, knowledge and understanding that the Divine Feminine is as equally important as the Divine Masculine.

- Religions are exclusive:

- Christianity idolises One Christ and One Bible, But:
The Latin Catholic will not enter Syrian Catholic Church. These two will not enter Marthoma Church. These three will not enter Pentecost Church. These four will not enter Salvation Army Church. These five will no enter Seventh Day Adventist Church. These six will not enter Orthodox Church. These seven will not enter Jacobite church. This way there are 146 castes or sects within Christianity.
Each will never share their churches with fellow Christians!
One Christ, One Bible, One Jehova???

- Islam claims One Allah, One Quran, One Nabi....! Great unity?
Among Muslims, Shia and Sunni hate and kill each other in all Muslim countries.
The religious riots in most Muslim countries are always between these two sects.
The Shia will not go to Sunni Mosque.
These two will not go to Ahamadiya Mosque.
These three will not go to Sufi Mosque.
These four will not go to Mujahiddin mosque.
This way there are 13 castes or sects within Islam.
Killing/bombing/conquering/ massacring/... each other!
One Allah, One Quran, One Nabi....????

- As to Hindus:
They have 1,280 Spiritual Books, 10,000 Commentaries, more than one lakh sub-commentaries for these foundation books, innumerable presentations of one God, variety of Aacharyas', thousands of Rishis', hundreds of languages.
Still they all go to All TEMPLES and they are peaceful and tolerant seeking unity with others by inviting them to worship whatever God they wish!
Hindus never fought one another for the last ten thousand years in the name of religion.
This confirms Sanatana Dharma (Hinduism) is not a religion, it is "the" way of life.

8E
In conclusion of this section
It is evident that the complete failure of human civilisation and the extinction of our species is an imminent possibility. The real question is, do we have the will and the guts to pull ourselves back from this precipice we have created for ourselves?

For certain we have the capacity and the technological means to save ourselves, yet doing so requires that we clearly understand our problems and can generate the collective will to rise to this occasion. This is less about political and religious systems, it's more about embracing our humanity and making civilisation sustainable based on our available resources and our real instead of imaginary human needs.

Hindu civilisation has proved its tenacity beyond any reasonable doubt. They are highly scientific and technologically savvy. Their skills at metallurgy, medicine, surgery, spinning and weaving, open ocean navigation, science, mathematics and the arts were far in advance of any European knowledge and in fact the Europeans acquired most of their knowledge and wealth from India to leave behind widespread destitution and suffering.

The West can never repay its debt to the east and yet this Western approach to life is threatening to destroy all life on earth. It's time they turned back to mother India to refresh their very sense of reason for being and acquire the wherewithal to become responsible global citizens. I am not advocating for any change of economic or political systems, there is no need for these things to change although there is a need for these things to be transformed to make them more accountable and people friendly. We need to stop taxing production and instead tax consumption, we need to consume foods that grow locally and stop the wasteful food miles accumulating.

Governments must be held to account for their
discriminatory practices, they must reduce corporations' influence over national policies and people's lives, and the corporations need to be reined in in many other ways because at the stroke of a pen they can set in place practices that will exterminate entire communities (remember Bhopal).

I am promoting an individual and collective idea of self responsibility. To enable that people must become better educated and more complete human beings with a rational balance between their masculine and feminine principles that is best achieved through the practices of Sanatana Dharma or Buddhist Dharma (yoga).

If the tenants of Sanatana Dharma emerged in time to guide the direction of civilisation, it would not be a total paradise. We have the mess that we have created to deal with, we have climate change to deal with and there are bound to be lots of squabbles to be resolved.

But I envisage the world would be a lot more peaceful and a lot more productive. Instead of celebrating Christmas and Easter, we might instead celebrate the solstices or the many Hindu festivals that delight the senses as opposed to many western festivals that are designed to keep people believing even though everyone knows that Santa is not real.

The seasonal festivals within Hinduism not only mark the regular cycle of change in relation to our sun and moon, they also mark the changes of our movement through the heavens (or neighbouring celestial bodies). They also mark the rise and fall of what could be described as spiritual energy. This is measurable by modern science and the Hindus have developed practices and enabling us to get the most out of these occasions.

I must remind the reader that there is no requirement to believe in anything Hindu, yet most people have eaten...
Indian food and liked it. In this life we have so many choices we can blindly believe all we can cease believing and discover what works for us. If you like to eat potatoes and gravy, that's all well and good but you probably know that Indian food is more popular in the UK than fish and chips because it has colour, it has flavour, it has zest along with the traditional sense of comfort from being full.

I am advocating that if you care to go one step further, go to a yoga class, start meditating and there are thousands of how-to guides on you tube so you don't even have to leave the comfort of your own home.
An envisioned process of political and social change

Instead of holidaying as we do today, we will become travellers or explorers in consciousness.

It is abundantly clear that the current path of humanity is towards increased social and political injustice, pain and suffering. For those at the bottom of the social pile, the pain is physical, emotional and spiritual whereas for those near the top of the heap the pain is a little less physical, it's in their imaginations.

We must retain the awareness that we have reached a peak of technological advancement that we wish to retain because clearly we are well served by our increased ability to communicate, to explore beyond our planet, advance our physiological understanding of ourselves and our greater universe.

Therefore the transition that I am advocating requires a path of nonviolence because were the world to descend into armed conflict to force change, we would lose a great deal of what we have paid a very high price to create. The end-users of modern technology seldom realise that their smart phone requires elements from the earth that are mined by children who work in abominable conditions. I have not seen any statistics, but perhaps for every hundred smart phones produced, some poor person loses their life in the production.
process, so it's not only blood diamonds we should be concerned about!

There is no call for any change of government, but there is a call for governments to be responsible to the people and not only to the GDP. The GDP in many ways is irrelevant and we need to take the line from Bhutan replacing GDP (gross national product) with Gross National Happiness.

In other words the world really needs to stop and take a few deep breaths. While a great many will not want to hear or consider these words, I think the more educated amongst us will appreciate these points and hopefully see the need for the resuscitation of common sense.

Aye, a glorious destiny, my brethren, for as far back as the days of the Upanishads we have thrown the challenge to the world—‘Na dhanena na prajaya tyagenaïke amritatwamanashuh—not by wealth, not by progeny, but by renunciation alone, immortality is reached.’

Race after race has taken the challenge up, and tried their utmost to solve the world-riddle on the plane of desires. They have all failed in the past,—the old ones have become extinct under the weight of wickedness and misery, which lust for power and gold brings in its train, and the new ones are tottering to their fall. The question has yet to be decided whether peace will survive or war; whether patience will survive or non-forbearance; whether goodness will survive or wickedness—whether muscle will survive or brain whether worldliness will survive or spirituality.
Governments because they are in a position of near absolute authority (not leadership) must turn their attention to serving the collective happiness of the population that is not measured in economics, but measured in their overall happiness and freedom to connect with life. In other words to begin work on appreciating themselves as souls.

Governments need to regulate industry, stop pollution and institute major conservation and cleanup programs as outlined above. Corporations, manufacturers, service providers and administrative bodies must begin to act more responsibly by practising compassionate capitalism or Dharmic capitalism. The role of government here is to make such ideas more attractive as well as begin to educate the consumers that consumption for its own sake is not a virtue.

Governments in serving the people must ensure that children's school books contain truths and not fictions. They need to ensure that heroes are those who stand up for human values, not those who create conflict for pleasure or to serve their beliefs. Yoga and meditation to be part of all school curriculums.

Governments need to rein in media organisations and the entertainment industry which have in some ways have become inseparable. Viewpoints distracting from or opposed to Dharma need to be eliminated. One of these steps would be to stop all media advertising for products and services. Another would be to greatly reduce the amount of violence on TV and in the cinema.
Governments need to protect the welfare of the people through the appropriate use of the police and armed services, institutions already reputed as having somewhat heavy hands.

Governments must stop punishing people for harmless social behaviours such as smoking pot, drug use should considered a health problem not a police problem and the effectiveness of this has already been proven in Portugal.

To smooth the way forwards, as the banking and international finance system is so corrupt I have suggested that all debt be abolished (economics and a cashless society). That means that all those people who have borrowed money to purchase a home or other possessions would be debt free and that interest rates on new lending restricted to 10% or less.

One aspect of modern economics is inflation and to help control this, the governments simply print money and they introduced policies such as trickle-down economics which only ever work as a trickle up economics so the rich keep getting richer and the poor keep getting poorer.

In Manu's laws, he advocates the interest rates of up to 35% or more and today credit card companies are charging between 18 and 25% which is fine for those who can afford it but within the new paradigm I am suggesting, the economic playing field will become much more level. Such a change within the finance industry will no doubt put millions of financial workers out of a job. They may have to retrain and become market gardeners within the urban environment. The big payoff of course would be almost zero inflation if our finances were managed properly.

There would be great changes to city planning, the western model of city development is to mostly build outwards and this often consumes some of the best food
producing land and increases the cost of getting food to the market. With a vegetarian diet more food can be grown within the city environment and trees planted as urban decoration should be producing some edible crops. There will still be space for decorative trees.

Cities must build up as much as they build out and societies would become more communal. Communal does not mean communism, communal implies that everyone works together for the common good whereas communism is just another version of capitalism. Not everyone will have a paid job but they will have things to do and be secure. At present government ministers and corporate bosses receive huge salaries and they are supposed to be community leaders. However humility towards those they serve would mean that they live on the same salary as everybody else.

We would also see the disappearance of religions, of belief systems. Hinduism or Sanatana Dharma is not based on any belief, it is based on knowing that we exist, knowing that we live in this amazing place, knowing that we don't know all the answers and that the most amazing thing we have the potential to find out even if it takes us another billion years or so. Therefore success, real success is the successful continuation of our species. To arrive at that, we have to learn to live within our means, not only today but into our unforeseeable future.

Of course planet Earth could get wiped out tomorrow by an asteroid or by the Vogon clearing this part of the galaxy for an inner planetary expressway, yet we have to live for today and plan for tomorrow.

Governments of course are going to be very reluctant but with the help of the scientific community and the global Dharma community who must become more interconnected, pressure can be brought to bear on governments (and their members) to change for the better.
The scientific community or at least those who are not completely in the pockets of the corporations and military establishments would logically support such moves. Their role in society would be largely unchanged though for some they made need some clarification that their work mandate is to serve the public good.

The public good of course is not short-term profits or short-term pleasures that are most likely to leave the population and the planet more bereft, it is to ensure human continuity which of course requires a certain stability of the environment.

The Dharma community would no doubt be stretched to provide enough educators and facilitators, yet political control of the media would make the television set and the social media platforms better channels for education.

We have in all societies considerable numbers of intelligent men and women waiting to be involved in such a project as this. During public discussion it is likely they would come forwards to assist facilitating change yet the real change would be at an individual level with the proper support of national and international authorities, in other words, governments doing their job to protect the rights and freedoms of the people.

In our highly connected world we would commence a program of re-education, teaching our children that we are not here to abuse others or satisfy our greed, but to seek to know life and support each other on this journey of
discovery.

The ancient art and technologies of yoga and meditation would be central to change, and this would be a change of individual hearts and minds, a step towards individual responsibility that must go hand-in-hand with individual liberty.

It is well documented that the practices of yoga and meditation alleviate human suffering through strengthening the human body and providing clarity to the mind. We would be moving from a process of wilful ignorance to provable knowledge and appreciating the truth of life.

While we have given names to aspects of nature we have discovered, we have no direct knowledge as to the nature of what we have discovered. This is because of our own nature, our sense perception, something we all discussed briefly in school. Our senses perceive our environment and convey an electrical signal to the brain which then interprets what we are perceiving. Because we are sensory creatures we have no direct experience of anything.

Acknowledging that we do not know for many people would require a great leap of faith yet such a leap of faith would free them from their delusions.

Another fact of life talked about by the mystic's is that reality, the everyday reality we perceive is not real therefore attachments to aspects of the physical world are unhealthy and delusional.

The practices of physical yoga or asana along with a little conscious breathing generates a mindfulness that is healthy and empowering. This prepares the mind for meditation and imparts the knowledge that our physical body is temporary, it arises from the earth and returns there after death. Therefore to grasp at things in the physical world is
somewhat foolish because they cannot be taken beyond the grave.

With meditation comes the realisation that body and mind are physical but the individual as a soul is eternal. This truth dismissed by many as a belief in part because it was so imperceptible has in part been validated by modern science though more importantly attested to by millions of people.

One must remember that we acquire our knowledge firstly through direct experience - provable, secondly through testimony – provable when accurate having been experienced and mostly reliable. Thirdly through inference – this equates to gossip and should not be relied on.

The goal is for people to become grounded in what is real and there is no doubt from testimony that we as a soul entity are real. When individuals have experienced themselves as souls, happiness and joy flows more easily independently of the external world.

To the individual who knows themselves as a soul, there is no separation and all life is sacred. To one so enlightened there is no sense of separation between me and you, the only exists you in me and me in you, brothers and sisters in spirit.

Yoga and meditation are the primary tools for change and transformation. They are readily at hand in all of our cities although a little work needs to be done to weed out the few frauds.
11

Obstacles to Change

Not everyone can imagine for themselves such a different lifestyle and civilisation itself carries a lot of mass and momentum. People are entrenched in their beliefs, attitudes and fears that they believe they can control, adapt to or otherwise deal with.

Because they see themselves in control they will at minimum raise countless objections and some will use all their resources to fight against the proposed changes. Those who resist the most are those likely to break the world. Like a small child who has been told to share but would rather break the toy than share with someone else, such is the tragic state of humanity.

There would be innumerable military commanders who would eagerly take matters into their own hands initiating coop de tat within their own countries or invading and taking advantage of other countries.

These hindrances would have to be dealt with and dealing with them will be much easier if the current democratic paradigms are maintained. I should reiterate that there should be no real change of government although the make up of some governments may change.

The most effective way of dealing with all these people is to reassign them to a place where they can do no harm. The general might be given a job replanting a forest or some similar activity within a strong Dharmic community where he or she would be re-educated and perhaps required to
participate in the new social paradigm.

The greatest tool to overcome inertia is in teaching truth to our children, not teaching beliefs as truths and they will create the changes.

“Leaders should not stand in front of the people. They should stand behind the people.”

Sadhguru
Who are the supporters?

Who would support such an audacious proposal as this? One may be well surprised, after all there is a spontaneous turning towards Dharma in most countries. There are very few towns and cities in the Western world where one cannot find a yoga class or a meditation class or even a Hindu temple.

The women of the world would likely celebrate the prospect of no more war and security for their children without dependence on a failed economic system and a patriarchal rulership that continues to ensure they remain second class citizens.

Children being taught the basics of yoga and meditation would discover that they have worth not because anyone told them so, but because they have discovered it within themselves. Yoga and meditation engenders a piece of mind and a gentleness of spirit. When considering career options they would have similar choices as they have today but with more certainty that when they have finished school the job will be there for them and they would not have to face the uncertainty they suffer from today.

Almost everyone who has tasted the fruits of meditation and has relaxed their attachments to worldly pleasures will be unenthusiastic and cooperative and changing the hearts of the diehards.
What would the future world look like if we embraced these changes?

The daily lives of many individuals may begin with some form of appreciation, meditation or spiritual exercise at home or at the temple. Here spiritual exercise is about exploring the inner dimension of one's own body mind consciousness followed by some light physical or worldly activity. People would be preparing food, planting, nurturing or harvesting crops or being active in some other socially constructive role. Some people might eat three meals a day, others may eat less yet always have sufficient nutrient. One ideal which has proven sufficient is a large meal late in the morning and a light meal in the evening, but here people have freedom of choice.

There would be no compulsion to work as we view work today, work should be pleasurable in addition to putting food on the table. As in India over the millennia, some may choose to spend their days in solitary meditation and the sharing of the fruits of those meditations would entitle them to be eat and participate.

As vegetarians or semi-vegetarians, physical health would be improved and we would have to spend far less on health care. An environmental cleanup would also support our health. The elimination of man-made environmental chemicals and reafforestation would help resolve our carbon and water problems.

Churches and mosques would disappear or be
transformed into temples where people go not to ask imaginary gods for favours, but to focus their minds on the divine nature of what it means to be human and appreciate or give gratitude for those aspects of life they appreciate.

Cities and neighbourhoods would slowly transform, evolve over time and with our modern communications systems, holidays would become a thing of the past or perhaps a pilgrimage. We can see other countries on our big screens, we can talk to anyone from almost any point on Earth and the idea of the holiday, an escape would no longer be needed. If one needs to escape, one can sit, turn off the outside world and look inwards, there's an entire universe to explore.

These ideas to many may seem rather strange and even abhorrent yet such a reaction is based on fear, fear of change, fear of difference, fear that one's beliefs may be undone. The most important thing that anyone can do for themselves as Socrates stated "know thyself."

Sanatana Dharma provides the support, the tools and technology to know oneself inside and out, to know oneself as a being without limits. This is expressed as happiness and joy. Would you prefer to be happy and joyful all the time and to live in a world where everyone is happy and joyful most of the time? All this is within our individual and collective power.

Sanatana Dharma represents the collective and yoga represents the individual. Without the media telling you what to think, what you should buy, how you should dress, you would be free to make up your own mind about such matters.

In terms of social structure we would still have a democratically elected national government, democratically elected city and regional governments, we would still have a

74 - Index
standing army although it would be best combined with police and rescue services. The focus on health care would be preventative medicine, bring on the barefoot doctor and if the people get sick, doctors come under scrutiny.

With more people becoming vegetarian, animal numbers would be reduced and the lands replanted in forest, a task that could be undertaken perhaps by many seen as useless bureaucrats and other peoples whose exploitative roles in modern society have been displaced.

“The paradox of tolerance:
Unlimited tolerance must lead to the disappearance of tolerance. If we extend unlimited tolerance even to those who are intolerant, if we are not prepared to defend a tolerant society against the onslaught of the intolerant, then the tolerant will be destroyed, and tolerance with them.”

- Karl Popper
In summary:

I envisage that a transformed civilisation would result in a much healthier environment. Every country could once more aim for that seven years of food security, at present most countries only have weeks before the populations nutritional requirements suffered.

If we take a leaf from ancient India and apply their ancient concept for living within our own lives we may all be healthier but more importantly happier.

The exploration of our universe would continue, we would continue to see refinements and development in our technology but our economic class system would evaporate to be replaced by a strata similar to the ancient Hindu idea of varna or guilds where individuals gravitate towards those activities they do best and thereby creating their own communities within the greater collective be they artists, craftspeople, farmers/gardeners, builders or intellectuals.

Again to remind you, there is no doubt that India is home to the seat of knowledge, home to a system of seeking knowledge of both the inner and outer worlds which are vitally relevant to each other and in a curious way may enable us to explore our physical universe in greater detail.

Out of India flowed language, numbers, science and the foundations of all civilisations including the Jewish, Christian and Islamic ideas of God. Now more than ever the world needs to take on board the technology of how to be human, knowledge that once again originated in India and is given
freely to the world. Take it into your life and know yourself as a soul, not just another cog in the industrial machine destroying life.

_The choice is to continue believing or to become knowledgeable._

PUNYA BHoomi BHARAT
(Holy Land of India)

Far better it is to win a few moments of life in India than aeons of life in celestial regions (Heavens).

— The Bhagvata (V. XIX. 20–22)
To know the essence of Sanatana Dharma and yoga, I recommend taking note of my esteemed Inspirators:

- Sadhguru Jaggi Vasudev on Facebook, Youtube, Isha Foundation, Sadhguru.org
- Swami Vivekananda
- Paramahansa Yogananda
- BKS Iyengar

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The idea of a one world government


The failure we call civilisation


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Cancers are an imbalance in us and the world


Avoidance, destruction and blame


We claim that we value life and yet we treat each other appallingly.


The Doomsday Clock


As we think or believe, so we become

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Concepts within Dharma:

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